





Bike Virginia 2016

Tour Guide- Web Version

Each rider will receive a folded print copy of this at check-in.

The Caverns Loop

Route Open from 12pm-5pm

Rest Areas	Open	Close
<div style="display: flex; justify-content: space-between;"> Red Option Main Pink </div>		
0 0 Start - MMA	12:00 pm	
★ -- 18 Shenandoah Caverns	12:30 pm	4:30 pm
11mi. 36mi. Finish - MMA	Route closes at 5:00pm	
Route Ratings:	Difficulty Levels	Total Climbing
Pink	 1 to 2	1800'
Pink to Red	 1 to 2	700'
		Total Distance
		36mi.
		77 mi.

(Please follow Pink Route to Start ALL Route Options)

*(MMA = Massanutten Military Academy)

Friday Notes:



Welcome to Bike Virginia 2016! We will start the tour with a ride through the valley south of Woodstock and head to the beautiful Shenandoah Caverns. Along the way you will ride by the famous Rt. 11 Potato Chips Store! Great snacking for your ride! The rest stop is at the American Celebration on Parade, plan to stay and tour the exhibit...and make your reservations for a return visit to the caverns. From here we will start heading back north as we make our way through scenic rural landscapes that are just waiting for you to explore.



Woodstock is the fourth oldest town in Virginia. Steeped in history, the town was home to the famed Revolutionary Peter Muhlenberg, who came in 1772 to serve as a Lutheran pastor. He is most remembered for his fiery 1776 sermon in which he called his congregation to arms casting away his robes to reveal his uniform for the Continental Army proclaiming there is "a time to pray and a time to fight and now is a time to fight".



★ Premium Rest Stop - Each day offers an awesome catered snack

*All climbing information is provided by ridewithgps.com



FRIDAY- The Caverns Loop

Thank you for riding in the
2016 Bike Virginia Tour.

Emergency Contacts

Event # 804.569.5135

SAG # 804.564.3467

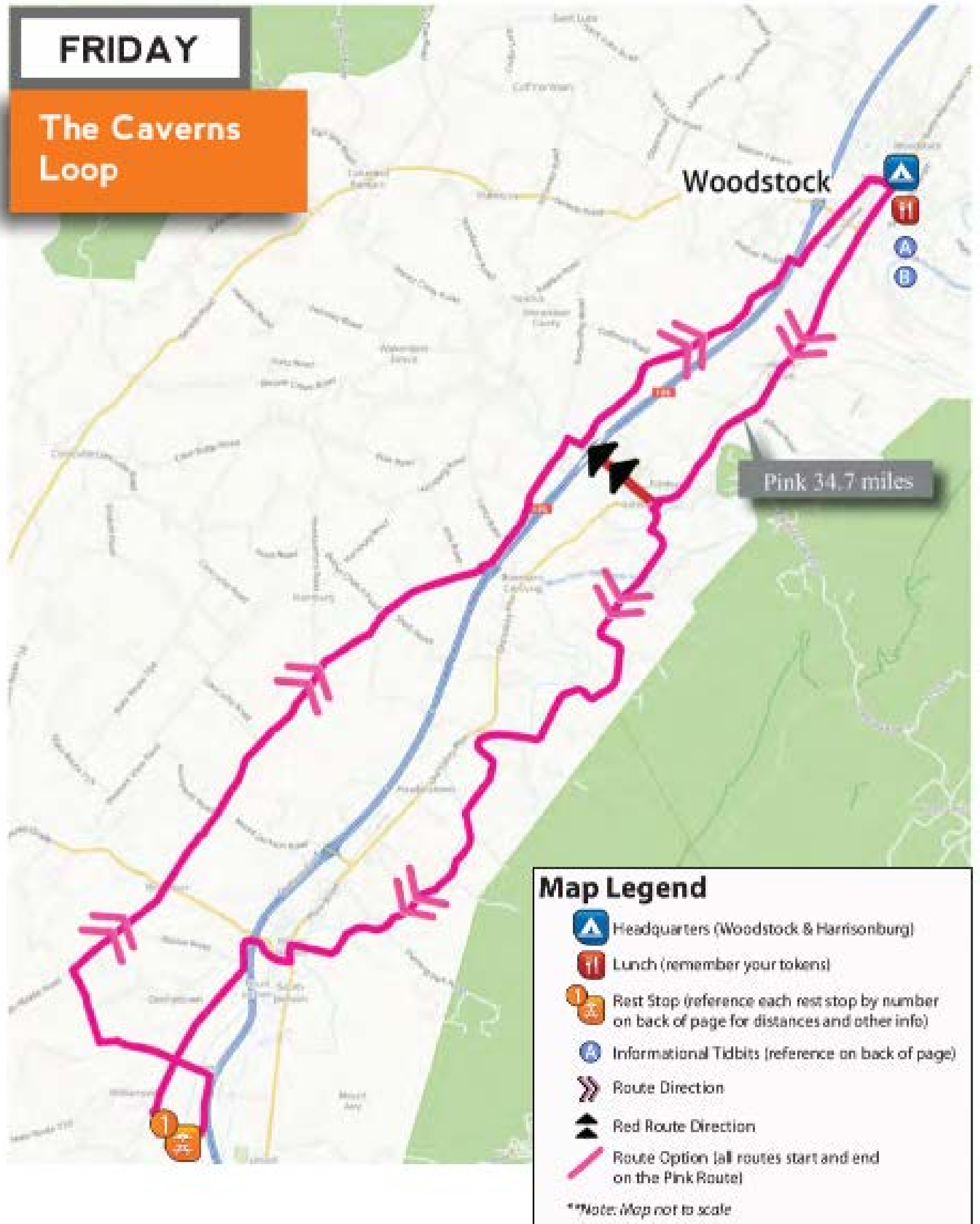
Emergency dial 911

pello 

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FRIDAY

The Caverns Loop



*Routes are subject to change, for the most up-to-date routing please follow signs for your route on the day of the ride.

BIKE VIRGINIA
FOUNDED

SHENANDOAH VALLEY

PILGRIMAGE

WOODSTOCK • HARRISONBURG

6 DAYS OF
Pedal-SMILE-Repeat

JUNE 24 - 29, 2016

General Event
804-569-5135

SAG Support
804-564-3467



The Ft Valley Adventure

All riders must depart between 7-9am

Rest Area	Red Option	Main Pink	Orange Option	Rest Areas	Open	Close
0	0	0	0	Start-MMA	7:00 am	9:00 am
1	16	16	16	Downtown Strasburg	7:30 am	12:00 pm
2*	--	--	37	White Post Restorations	8:30 am	1:30 pm
3*	--	--	49	Shen. Farms Vol. Fire Dept	9:30 am	2:30 pm
4*	--	--	61	Front Royal Visitor Center	10:30am	3:30 pm
★2	--	35	83	Ft. Valley Fire Department	9:00 am	4:30 pm
3	--	43	92	Water & Gatorade Fill Stop	10:30 am	4:30 pm
	33mi	55mi	104mi	Finish-MMA (Lunch)	Routes close at 5:00pm	

Route Ratings:	Difficulty Levels	Climbing Distance
Pink	1-10	2500' 55 mi
Pink to Red	1-10	1900' 33 mi
Pink to Orange	1-10	900' 104 mi

(Please follow Pink Route to Start ALL Route Options)

* (MMA = Massanutten Military Academy)

Saturday Notes:

Boom, like fireworks on the 4th of July, Saturday kicks off the main course for Bike Virginia 2016! Whether you want to ride a short ride or something a little longer Saturday will surely get you going. As you leave Headquarters you will quickly find yourself on backcountry roads within the first mile.

Once you arrive at the first rest stop (Strasburg) you will want to make your route decision. The Red Route heads back to camp, the Pink Route stays the course, and the Orange Route will take you on the Century. Choose wisely :)

If you like being surrounded by amazing natural scenery then you are going to love Fort Valley. In fact, Fort Valley is a mountain valley in Shenandoah County. The so-called "valley within a valley" lies between the two arms of the northern Massanutten mountain range in the Shenandoah Valley.



SATURDAY- The Ft. Valley Adventure

Thank you for riding in the 2016 Bike Virginia Tour.

Emergency Contacts

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SAG # 804.564.3467
Emergency dial 911



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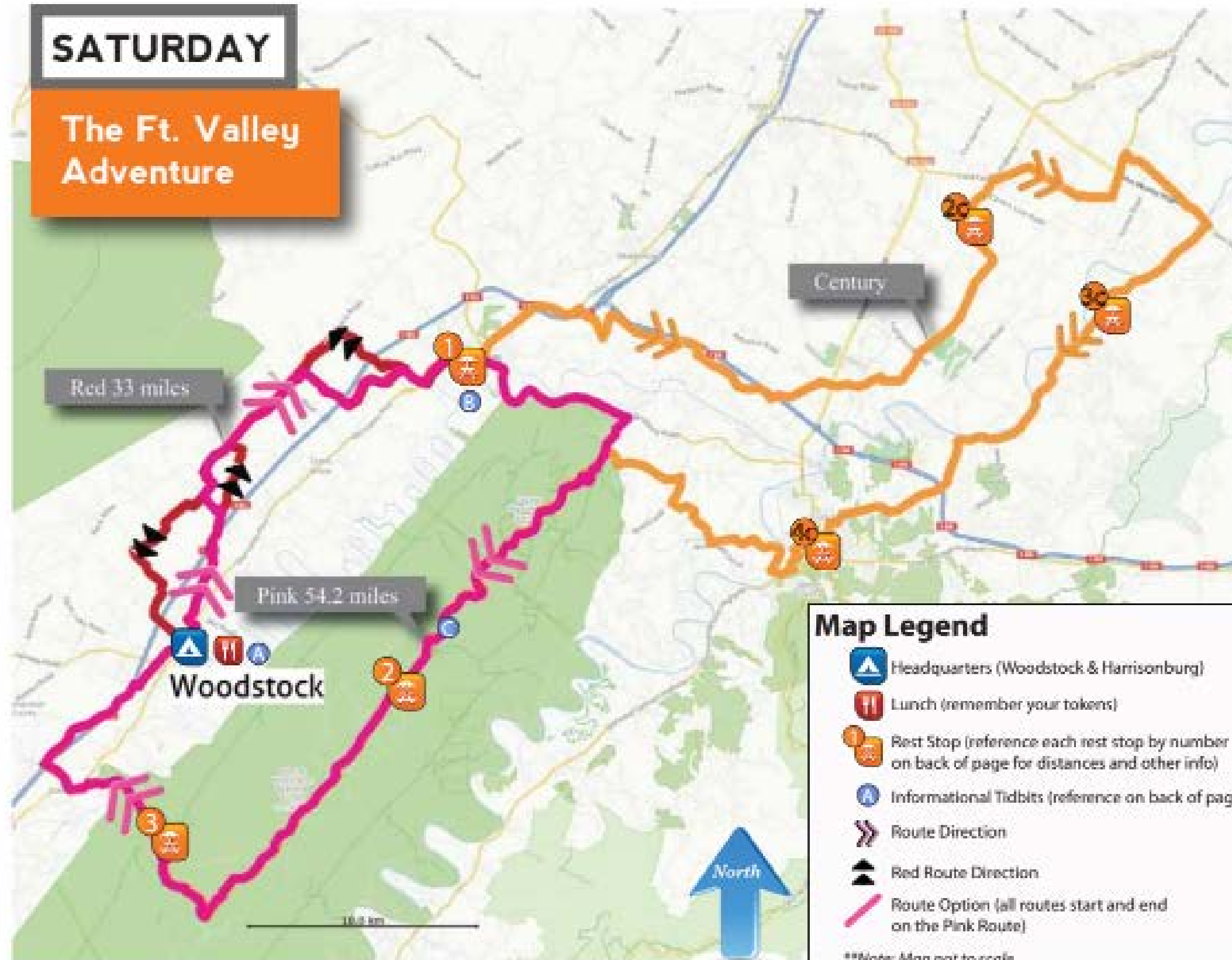


★ Premium Rest Stop - Each day offers an awesome catered snack

*All climbing information is provided by ridewithgps.com

SATURDAY

The Ft. Valley Adventure



Map Legend

- Headquarters (Woodstock & Harrisonburg)
- Lunch (remember your tokens)
- Rest Stop (reference each rest stop by number on back of page for distances and other info)
- Informational Tidbits (reference on back of page)
- Route Direction
- Red Route Direction
- Route Option (all routes start and end on the Pink Route)

**Note: Map not to scale



*Routes are subject to change, for the most up-to-date routing please follow signs for your route on the day of the ride.

SAG Support General Event
804-564-3467 804-569-5135

The Star Tannery Randonnée

All riders must depart between 7-9am

	Red Orange	Blue Green	Pink Pink	Orange Yellow	Rest Areas	Open	Close
0	0	0	0	0	Start-MMA	7:00 am	9:00 am
1	--	19	19	19	Lebanon Community Center	7:30 am	11:30 am
★ 2	--	--	32	44	Star Tannery Vol. Fire Dept.	9:30 am	2:30 pm
3	--	--	44	55	Water & Gatorade Fill Stop	10:30 am	4:00 pm
4	13	36	51	63	Woodstock Courthouse (LOVE) Finish-MMA (Lunch)	7:30 am	4:30 pm
	15mi	37mi	52mi	64mi			Routes close at 5:00pm

Route Ratings: Difficulty Levels Climbing Distance

Pink	1	1700'	57 mi.
Pink to Red	7	845'	15 mi.
Pink to Blue	1	2000'	17 mi.
Pink to Orange	1	4700'	64 mi.

(Please follow Pink Route to Start ALL Route Options)

*(MMA = Massanutten Military Academy)



Route Option = Pink to Red



Route Option = Pink to Blue to Pink



Main Route = Pink



Route Option = Pink to Orange to Pink

★ Premium Rest Stop - Each day offers an awesome catered snack

Sunday Notes:

Choose wisely today, as there are 4 route choices, each with their own awesomeness. The red route will take you for a delightful 15-mile ride before returning you back to camp. Choose the Blue route and you will head out to the first rest stop and then make your way back to camp; both the Red and Blue routes miss the big climb of the day. Following the Pink route will take you on a great ride that will almost have you seeing West Virginia as you follow lovely back roads. If you are feeling your breakfast then hit the Orange route option at the first stop and spend a little more time soaking up the peaceful bliss of the Shenandoah Valley. Whichever route you choose, don't forget to check out the Virginia "LOVE" letters that will be on display at the Historic Courthouse in downtown Woodstock on your way back to camp.

It wouldn't be a Randonnée without a little gravel! If you're riding the Pink route exercise caution around mile 30. There is a small section of gravel about 1 mile long.



SUNDAY - The Star Tannery Randonnée'

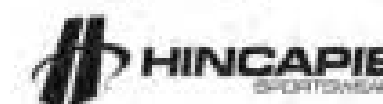
Thank you for riding in the 2016 Bike Virginia Tour.

Emergency Contacts

Event # 804.569.5135

SAG # 804.564.3467

Emergency dial 911

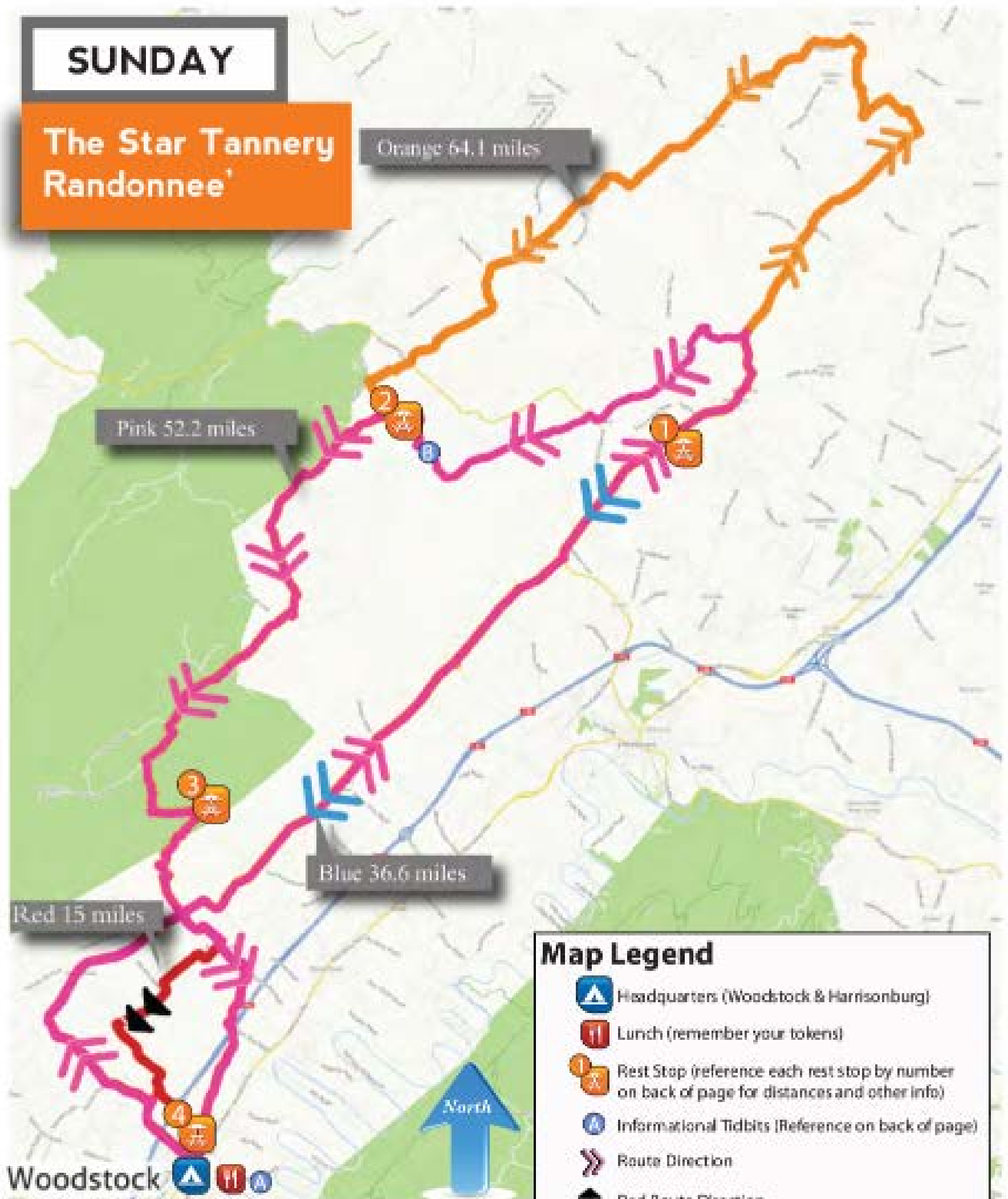


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*All climbing information is provided by ridewithgps.com

SUNDAY

The Star Tannery Randonnee'



Map Legend

- Headquarters (Woodstock & Harrisonburg)
- Lunch (remember your tokens)
- Rest Stop (reference each rest stop by number on back of page for distances and other info)
- Informational Tidbits (Reference on back of page)
- Route Direction
- Red Route Direction
- Route Option (all routes start and end on the Pink Route)

***Note: Map not to scale*

**Routes are subject to change. For the most up-to-date routing please follow signs for your route on the day of the ride.*



**SHENANDOAH VALLEY
PILGRIMAGE**

WOODSTOCK TO HARRISONBURG
8 DAYS OF
Pedal-Smile-Repeat
JUNE 24 - 29, 2016

General Event
804-569-5135
SAG Support
804-564-3467



Virginia Peanut
Growers
Association



The Stokesville Ramble

All riders must depart between 7-9am

	Red Option	Main Pink	Orange	Rest Areas	Open	Close
0	0	0	0	Start - RCF	7:00 am	9:00 am
1r	6	--	--	Wildwood Park	7:30 am	11:00 am
1	--	17	--	Stokesville	7:30 am	4:30 pm
★ 2	--	--	22	Gypsy Hill Park	7:30 am	12:30 pm
1	--	--	43	Stokesville	7:30 am	4:30 pm
	12mi	37mi	63mi	Finish - RCF (Lunch)	Routes close at 5:00pm	

Route Ratings:	Difficulty Levels	Climbing	Distance
Pink	1	1900'	37 mi.
Pink to Red	1	500'	12 mi.
Pink to Orange	1	4100'	63 mi.

(Please follow Pink Route to Start ALL Route Options)

*(RCF = Rockingham County Fairgrounds)

Monday Notes: A

Move day! This is when you will pack everything up and head over to our next location of Harrisonburg. Harrisonburg, of James Madison University (JMU) Harrisonburg is full of wonderful things to do and they have a great cycling culture that is full of some of the best riders and riding in the state. Once you get settled into the new location you will hop on the bike and head back into the valley. Watch out for Amish buggies as you travel through beautiful towns such as Bridgewater, Staunton and even the small hamlet of Stokesville which sits just on the border of the George Washington National Forest (make sure to take a dip in the swimming hole at the rest stop). As you get back into Harrisonburg settle in and relax as you take in your new surroundings.

B

The Red Route takes you through the beautiful Bridgewater College and you will enjoy the rest stop alongside the river.

C

Staunton has one architectural advantage over most of other small towns in the Shenandoah Valley of Virginia: It escaped the Civil War unscathed. Many of its 18th and early 19th century homes and buildings still stand and are wonderfully preserved. Scottish-Irish immigrant John Lewis and his family built the area's first homestead in 1732, and most of Staunton's early settlers were Scots-Irish.



★ Premium Rest Stop - Each day offers an awesome catered snack

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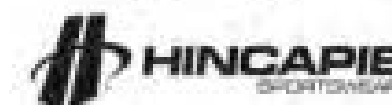


MONDAY - The Stokesville Ramble

Thank you for riding in the 2016 Bike Virginia Tour.

Emergency Contacts

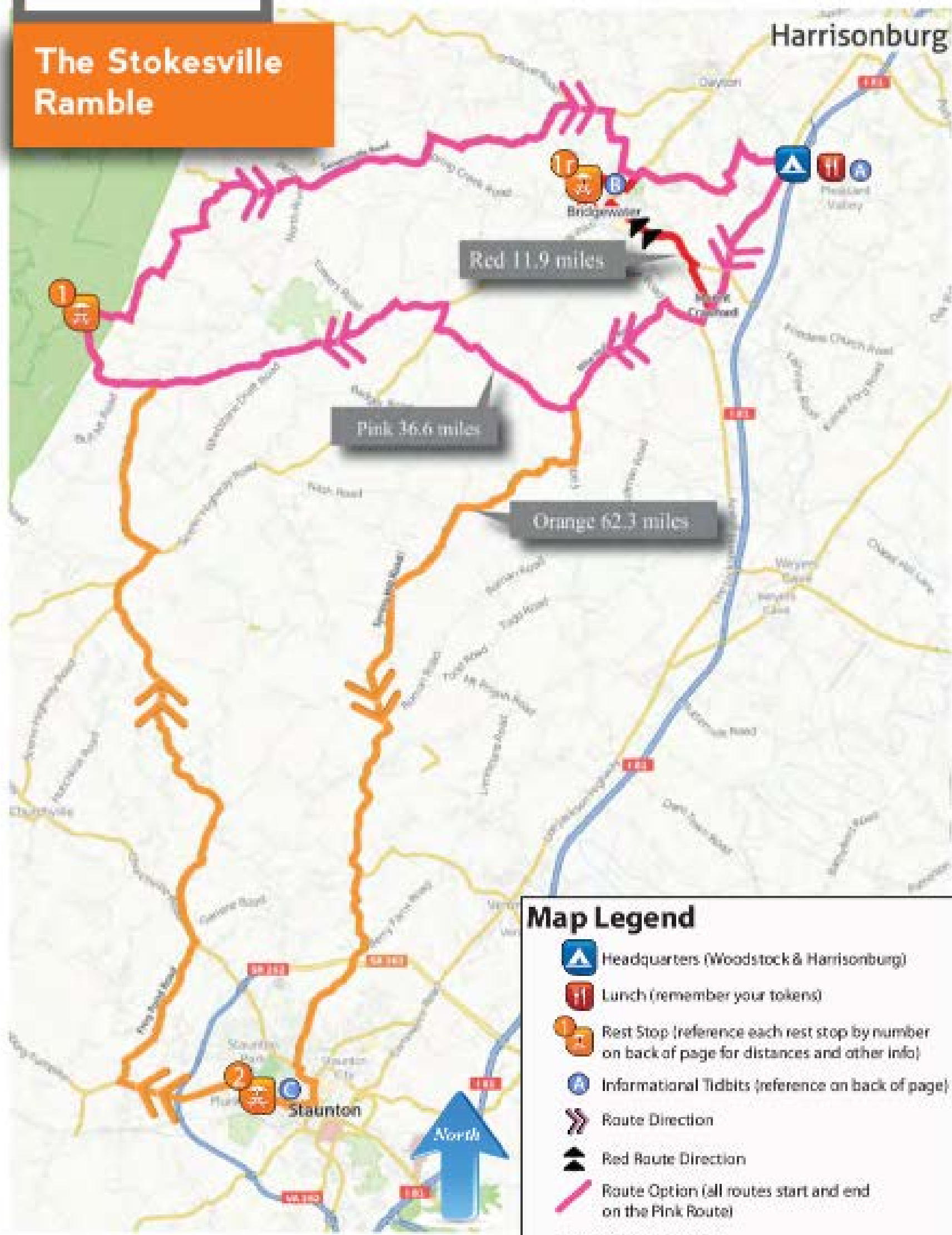
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SAG # 804.564.3467
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MONDAY

The Stokesville Ramble



Map Legend

- Headquarters (Woodstock & Harrisonburg)
- Lunch (remember your tokens)
- Rest Stop (reference each rest stop by number on back of page for distances and other info)
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- Route Direction
- Red Route Direction
- Route Option (all routes start and end on the Pink Route)

***Note: Map not to scale*



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SHENANDOAH VALLEY PILGRIMAGE

WOODSTOCK to HARRISONBURG
6 DAYS OF
Pedal-Smile-Repeat
JUNE 24 - 29, 2016

General Event
804-569-5135
SAG Support
804-564-3467



The Fulks Run

All riders must depart between 7-9am

	Red Option	Pink Route	Orange Route	Rest Areas	Open	Close
0	0	0	0	Start - RCF	7:00 am	9:00 am
1	15	15	15	All Dogs Great and Small	7:30 am	11:00 am
★2	-	27	27	Fulks Run Ruritan Park	8:00 am	1:00 pm
3	-	41	-	Zion Hill Mennonite Church	9:30 am	4:30 pm
4	-	-	46	Bryce Resort	9:30 am	2:30 pm
5	-	-	64	Cross Roads Baptist Bible Church	10:30 am	4:00 pm
3	-	-	87	Zion Hill Mennonite Church	9:30 am	4:30 pm
	29mi	58mi	104mi	Finish - RCF (Lunch)	Routes close at 5:00pm	

Route Ratings:	Difficulty Levels	Climbing	Distance
Pink to Red	1	1500'	29 mi.
Pink	1	1400'	58 mi.
Pink to Orange	1	6500'	104 mi.

(Please follow Pink Route to Start ALL Route Options)

*(RCF = Rockingham County Fairgrounds)

Tuesday Notes:

A
 "If I thought of riding in heaven this is where it would be!", this is how volunteer Sergei described the routes in this area back in 2010 during the "Knights of the Golden Wheel Tour". As you can imagine it is really, really great riding. We roll through some of the most scenic and best-kept roads in the valley. Whether you're in for the full pull of the century or just want to take it easy so you can get back and explore the town, your senses will be overloaded as you pedal along thinking about...well whatever you want to think about :)

B
 From mile 18 to mile 32 is all downhill! Don't believe me, check out the elevations below...enjoy the ride.

C
 The Orkney Springs Hotel was listed on the National Register of Historic Places in 1976, and its most current restoration finished in 1987. The Virginia House is believed to be the largest wooden structure in Virginia. It dates to the 1870s and is on the National Historical Register. The Maryland House dates to the mid-1850s, but collapsed and was rebuilt after the Civil War



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TUESDAY - The Fulks Run

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 2016 Bike Virginia Tour.

Emergency Contacts

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 Emergency dial 911



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TUESDAY

The Fulks Run



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SAG Support
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Virginia Peanut
Growers
Association



A Cross Keys Odyssey

All riders must depart between 7-9am

	Red Option	Pink	Orange	Rest Areas	Open	Close
0	0	0	0	Start - RCF	7:00 am	9:00 am
1	11	11	11	Cross Keys Vineyards	7:30 am	4:00 pm
★ 2	-	25	25	Grand Caverns	8:00 am	1:00 pm
1	-	37	47	Repeat - Cross Keys Vineyards	7:30 am	4:00 pm
	20mi	48mi	58mi	Finish - RCF (Lunch)	Routes close at 5:00pm	

Route Ratings:	Difficulty Level	Climbing	Distance
Pink to Red	1	10	19mi
Pink	1	10	48mi
Pink to Orange	1	10	58mi

(Please follow Pink Route to Start ALL Route Options)

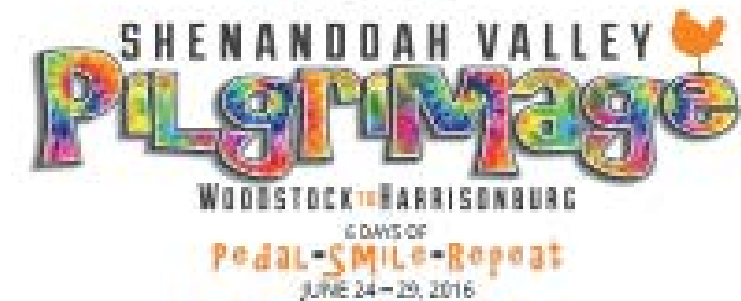
*(RCF = Rockingham County Fairgrounds)

Wednesday Notes:

We want you to enjoy the last day of the tour and we feel Wednesday will be one for the record books. Rest stops at Cross Keys Winery and the Grand Caverns. Enjoy your last day at Bike Virginia and simply relax as you meander your way back to camp because once you are back you will be treated to a great "You Did It" Celebration to cap off your perfect week of riding!

On June 8, 1862, it was the site of the Battle of Cross Keys, a Confederate victory in Jackson's Valley Campaign during the American Civil War.

Grand Caverns was discovered in 1804 by Bernard (Barnette) Weyer while trying to retrieve one of his traps. Weyers Cave opened for tours in 1806, making it the oldest continually operating show cave in the U.S. The caverns were also called the Grottoes of the Shenandoah until named Grand Caverns in 1926. Grand Caverns was declared a National Natural Landmark in 1973. In 1974 the caverns and surrounding acreage was gifted to the Upper Valley Regional Park Authority by its then owner Gladys Kellow and became known as Grand Caverns Regional Park. On October 1, 2009, the Town of Grottoes took possession of its namesake caverns.



WEDNESDAY - The Cross Keys Odyssey

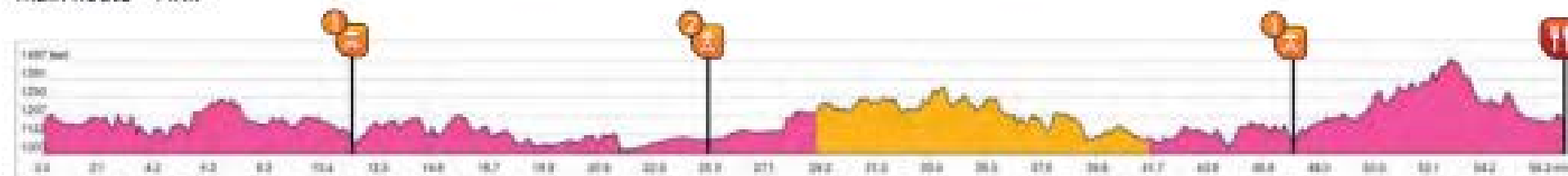
Thank you for riding in the 2016 Bike Virginia Tour.



Route Option = Pink to Red



Main Route = Pink



Route Option = Pink to Orange to Pink

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Emergency Contacts

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WEDNESDAY

The Cross Keys Odyssey



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